



OFFICE

📍 Regina

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PRACTICE AREAS

Labour & Employment

Regulatory &
Administrative Law

Administrative Law

Litigation, Dispute
Resolution & Appeals

Appellate Advocacy

Civil Litigation

Alyssa maintains a broad litigation practice with a focus on labour and employment law, administrative law, and appeals. She has appeared before all levels of court in Saskatchewan and various administrative tribunals.

Overview

Alyssa studied law at the University of Saskatchewan and was called to the Bar in 2020. She has experience advising, representing, and working with public bodies and has provided legal services related to labour and employment law, contract law, judgment enforcement, land administration, and legislative interpretation. Alyssa has appeared as counsel before the Provincial Court, the Court of King's Bench, the Saskatchewan Court of Appeal, and the Labour Relations Board.

Achievements

BAR ADMISSION

- Bar Admission
 - Saskatchewan, 2020

EDUCATION

- Juris Doctor, University of Saskatchewan, 2019
- Bachelor of Science, University of Saskatchewan, 2015

MEMBERSHIPS & ASSOCIATIONS

- Canadian Bar Association
 - Legislation and Law Reform Chair, Administrative and Labour Law South Section, 2022-present
- Law Society of Saskatchewan
- Saskatchewan Trial Lawyers Association

COMMUNITY INVOLVEMENT

- Bright Eyes Dog Rescue, Board of Directors, 2023-present
 - Law Student Association, Community Outreach Co-ordinator, 2018-2019
 - Community Legal Assistance Services for Saskatoon Inner City (CLASSIC), Volunteer, 2017-2019
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Insights

FEBRUARY 17, 2026 | Alyssa Phen Tenielle A. Workman

Key Changes in Saskatchewan's Employment Standards Regulations, 2025

AUGUST 11, 2025 | Calen Nixon Alyssa Phen

Increase to Saskatchewan's Minimum Wage and Amendments to The Saskatchewan Employment Act

MAY 26, 2025 | Calen Nixon Alyssa Phen

Amendments to The Saskatchewan Employment Act Passed

DECEMBER 6, 2024 | Calen Nixon Alyssa Phen

New Amendments Tabled for The Saskatchewan Employment Act

MARCH 18, 2024 | Alyssa Phen Calen Nixon Nicole T.M. Tryhorn-Sharpe

Pitfalls in Drafting Termination Clauses in Employment Contracts

JANUARY 4, 2024 | Alyssa Phen Calen Nixon

Update: Changes to the Canada Labour Code prohibiting the use of replacement workers

SEPTEMBER 6, 2023 | Alyssa Phen Calen Nixon

An Overview of Recent and Upcoming Changes to the Canada Labour Code

MAY 9, 2023 | Calen Nixon Alyssa Phen

The Role of the Saskatchewan Human Rights Commission Advancing a Complaint Before the Court of King's Bench
